

Holy Communion

Let us pray ...

The Lord be with you. ***And also with you.***

Lift up your hearts. ***We lift them to the Lord.***

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We praise you, gracious Father, our Maker & Sustainer. You created the heavens & the earth and formed us in your own image. Though we sinned against You your love for us was constant, & You sent Your Son Jesus Christ to be the Saviour of the world.

Sharing our human nature, he was born of Mary & baptised in the Jordan. He proclaimed Your kingdom, by word & deed, & was put to death upon the cross. You raised Him from the dead; You exalted Him in glory; & through Him You have sent Your Holy Spirit, calling us to be Your people, a community of faith.

And so with the angels & archangels & all the choirs of heaven we join in the triumphant hymn:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Holy God we praise You that On the night before he died, the Lord Jesus took bread & gave you thanks. He broke it & gave it to his disciples, saying, "Take this all of you and eat it. This is my body given for you. Do this in remembrance of me."

When supper was ended he took the cup & gave you thanks. He gave it to them, & said; "Drink from it all of you. This is my blood of the new covenant, poured out for all people for the forgiveness of sins. Do this in remembrance of me."

Remembering, therefore, His death & resurrection, & proclaiming His eternal sacrifice, we offer ourselves to You in praise & thanksgiving, as we declare the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Send down your Holy Spirit that these gifts of bread & wine may be for us the body & the blood of Christ. Unite us with him for ever & bring us with the whole creation to your eternal kingdom.

Through Christ, with Christ, in Christ, in the power of the Holy Spirit, we worship you in songs of everlasting praise. Blessing and honour and glory and power be yours for ever and ever. Amen

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

Let's now have a few moments of quiet as we prepare our hearts....

Jesus is the Lamb of God who takes away the sin of the world. Happy are those who are called to His supper.

Lord, I am not worthy to receive You, but only say the word & I shall be healed.

Jesus said 'I am the bread of life. Those who come to me shall not hunger & those who believe in me shall never thirst.'

I invite you now to draw near in faith . If you are with others you may wish to serve each other or if you are on your own simply take & receive the bread....KNOWING that you are not alone...

And now we share in the BLOOD of CHRIST shed for us...

Silence

Let us pray.

We thank You Lord, that You have fed us with this sacrament, united us with Christ, & given us a foretaste of the heavenly banquet prepared for all people. Amen

The blessing of God the Father, the Son & the Holy Spirit remain with us always. Amen

Go in peace in the power of the Spirit to live & work to God's praise & glory.

Thanks be to God. Amen